# Discussing the Construction of Gratefulness Education in Modern Times

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#### **Abstract**

Gratefulness is Chinese traditional virtue, which gives Chinese the power to go upper ,encourages Chinese to understand others, having a important meaning to cultivate personal character, perfect the life meaning. In addition to this, it is necessary to build the harmonious camp and society. However, at present as a necessary part of the students' education in university, it is also weak. There is no delay to strengthen the gratefulness education. This dissertation aims at probing into the reasons of loss of gratitude feeling, thereafter puts forward the countermeasures for this issue.

Key words: gratefulness education, harmonious campus, Modern Times

## Introduction

In Chinese traditional morality, drips of beneficent water must be repaid with overflowing fountains of gratitude, this is the demand put to the beneficiary. The well-known saying" who grass-inch heart, reported in the apartments, "Expressed the grace of the children for the mother of endless feelings. To "balance the book" when they get favors, is the communication style in social activities. Gratitude, the traditional Chinese virtues, is the sign of noble souls, we should constantly develop and inheritance. The lacking belief of university students and the society environment account for the phenomenon. However, with the development of economy and society, the gratitude deficiency in undergraduates is becoming increasingly serious. The lack of thanksgiving among the contemporary college students has occurred from time to time with various reasons, sounding alarm to college Thanksgiving education. In views of harmonious society, the construction of harmonious university pays more attention to personality, harmony, sustentation and multiplicity.

# 1. The implication of gratefulness in China

Thanksgiving is a traditional virtue of the Chinese nation, to build a socialist harmonious society needs. The gratefulness, to an extent, means being grateful to people who has helped you in trouble. In other words, it also is full of thanks. The gratitude consciousness, as Chinese traditional virtue, has lasted thousands of centuries, which is embodied deeply in Confucianism. The idea of gratefulness and harmony is a rich philosophical concept in classic Buddhism and Confucianism, whose culture is concerned with self- cultivation and shaping of an ideal personality. However, in Chinese traditional culture, the dominant idea—Confucianism—always plays emphasis on "loyalty" and "filial piety", arguing the power which belongs to lords, officials, and parents. Filial piety is the historical and realistic basis of traditional Chinese autocratic culture, with filial piety as the prerequisite of loyalty, and loyalty as the extension of filial piety. if Chinese culture aims at cultivating healthy individuals, it must reconstruct the concepts of loyalty and filial piety that suit human nature. To a great extent, loyalty and filial piety are the earliest gratefulness in China.

# 2. The lack of gratefulness

At present, most of modern college students come from the "only child family". On the one hand, protected by their grandfather, grandmother, and parents, and treated well, maybe in their opinion, it is responsible for their parents to take care of them, supply the best things in the world to them. Parents spare no efforts to service their children without any rewards; On the other hand, in parents' opinion, it is the first duty for their children to study well. So most of the children are only to learn and less time to learn other things, especially Chinese traditional morality. For example, "Don't do unto others what you don't want others to do unto you" is an important principle in traditional Chinese ethics.

## 2.1 The lack of gratefulness in Chinese family

Four of the traditional Chinese values, are most prized: loyalty, filial piety, chastity, and righteousness. Containing abundant and abstruse moral philosophy, mercy, justice and courtesy, the Analects are the core of social morality, based on the professional morality and piety family virtue. Well-known to us, loyalty and filial piety are the most important human virtues in Chinese traditional culture. However, in China there is only a child in the family; the parents try their best to take care of them with heart and soul. It is easy to get the bad habit of being self-willed, selfish, overbearing, and lazy and so on. Some children over-spoiled undoubtedly receive a poor education. Among the potential problems, those children face the absence of any sort of family grateful education, degraded school records and other psychological problems. Family education is an important factor that has a great influence on the growth of children. The deficiency of family education will lead to an irreparable influence on the children. In short, we should pay more attention to family education.

#### 2.2 The lack of gratefulness in colleges and universities

In addition, the lack of family education, students in colleges and universities are lack of gratefulness, too. Most children, being lack of gratefulness, are cold-hearted, selfish, and ungrateful, which make them lonely and unsuitable to the society in colleges and universities even after graduation, with indifferent relatives and relationships. One of the reasons which brought in the result is the lack of the family education of gratefulness. The relationship between teachers and students is also indifferent; what's more, these students have light responsibility for society. Main reasons for these problems are the absence of family education, social changes and the world's multi-cultural influences, besides foreign bad ideas of the erosion. In addition, the lack of family education, Students own lack of motivation and interest in, such as the strict requirements of the gratefulness and emotional impact on students.

Therefore, we should change our mind, renewing the educational ideas, to strengthen the links between the school and family, to change the situation of lack of family education. Grateful education is the important and essential foundation stone of colleges' moral education. However, at present, in colleges and universities, some students have a weak sense of thanksgiving; they don't know how to respect the teachers and other students, or how to get along well with the classmates. As for Thanksgiving actions missing, the reason is mainly due to some faults of family education and school education. In the modern times, some of the students only know how to play, enjoy life, seeking colorful life, famous products, who seldom read books and do those things they should do, ignoring their parents' hard work. They have little gratefulness for their parents' giving and other people's help. However, those unhealthy phenomenons, not for a certain reason, but for some other reasons, four of the most reasons are: family education, school education, neighborhood education and society education.

# 3. The necessities of strengthening the gratefulness education in colleges and universities

At the present time, some college students have a weak sense of thanksgiving, lack of thanksgiving actions. The mainly reason is due to some faults of family education, school education and society education. Now, our society is looking after a harmonious one. Only when we realize the importance of gratefulness each other can we be devoted to building a harmonious society.

### 3.1 Gratefulness is the necessity of the college students' own development

In our life, learning to be grateful is necessary for the college students, helping the students to be suitable to the society, and making themselves a better life. This paper aims at probing into the reasons of loss of gratitude feeling, and then puts forward the countermeasures for this issue. But the moral character of children should be taught in the morality of family, school and society and form stage by stage below moral edification. Therefore, education, with the momentous task, has not only the responsibility to develop the moral character of the individual, but in virtue of that, to work towards the perfecting of the human race. In modern China, the moral education, while absorbing the traditional ethical culture, has to face up with "filial piety", which is the original and chief concept and virtue of Confucianism culture. Absorbed in the various things in their life, the teenagers in the vulnerable position are easily to have various unhealthy mentality and temper, which urges them to lose their gratitude consciousness. A tiny gratefulness can give us a lasting positive mood, which requires our consciousness and gratefulness. Then with a heart of gratefulness, everything turns out to be gorgeous. As we all know, in interpersonal communication, it is essential for everyone to help and respect each other. If the students have no any sense of gratefulness, they will meet a lot of difficulties of communications in society.

#### 3.2 Gratefulness is the necessity of the harmonious university campus

In the modern times, most of the college students have indifferent relatives and relationships, without close relationships between teachers, parents, friends and so on and still less between the strangers. Those, who are lack of the sense of great thankfulness, don't get well along with the other persons. The form of the gratitude consciousness of the vulnerable group in these teenagers plays an important role in teenagers' healthy development. Thanksgiving awareness among contemporary college students, ungrateful occurred from time to time, in order to change this situation the need to strengthen education students Thanksgiving. The colleges and universities, whose construction of harmonious campus is an important part to build up a harmonious society, also an important condition for students' healthy growth. What's more, in the process of building a harmonious campus, students are the main universities, the backbone of the harmonious campus. The construction of harmonious campus and harmonious society is inter-connected, interacting and inter-prompting. Strengthening the gratefulness education of university students is the important content of constructing the harmonious university campus, with deadly practical and significant for promoting harmonious campus construction. Whereas, the harmonious campus is favorable for the healthy and harmonious development of university students. As a part of moral education in college, thanksgiving moral education is a difficult and urgent task today. Administering University by law is a necessary demand of constructing a harmonious university campus. And the gratefulness is important for constructing a harmonious campus. Building a harmonious campus is part of building a socialist harmonious society.

## 3.3 Gratefulness is the necessity of the harmonious society

Training the colleges in gratefulness, promoting emotional competence and broadening pro-social models

can prompt them moral education, engaged in pro-social behaviors. Building a socialist harmonious society needs to carry forward grateful Spirits, which helps to further enhance campus harmony of a socialist university.

The construction of the harmonious society includes the following aspects: the harmony between persons and nature; the harmony between persons and persons; the harmony between persons and society, and so on. They are inter-connected, interacting and inter-prompting.

# 4. To build the harmonious college campus

Thanksgiving education is an activity for the awakening of the thanksgiving consciousness. The construction of a harmonious campus should aim at the all-round development of college students and intensify the education of the students concern for life.

Firstly, honesty construction is a key standard of a high-quality for college students. Secondly, the healthy personality is connected with the construction of harmonious campus. Known as the core of the university, healthy personality plays an invaluable role in the process of building a harmonious campus. To develop their responsibility for the family, school and society, making great efforts to build up accurate indebted consciousness among students, activating their sensibility and developing practice on indebted action.

Obviously, this development has many objective and subjective conditions. In order to rebuild the students' thanksgiving consciousness, we should go on the construction of the idea, target, content, system and so on. Specially, it is necessary to establish morals duty mechanism, compensate morals reproduction cost, create social security system and reinforce feel grateful education.

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